

ADA
ALLEN EAST
BLUFFTON
COLUMBUS GROVE
CRESTVIEW



DELPHOS JEFFERSON
LIMA CENTRAL CATHOLIC
LINCOLNVIEW
PAULDING
SPENCERVILLE

FOR IMMEDIATE RELEASE

Saturday Oct. 17, 2009

SPENCERVILLE DOMINATES 2009 NWC X-COUNTRY MEET

Spencerville's boys and girls had a banner day at Lima's Faurot Park. The Bearcats shook off the chilly weather to capture both 2009 Northwest Conference Cross Country team titles, and all of the individual honors as well. Spencerville won the boys race by 15 points over Columbus Grove. The Bearcat girls had the top six finishers to post a perfect score of 15 and defeated Lima Central Catholic by 51 points.

Spencerville senior Jonathan Rex had the best individual time of 17:07.60 and was named NWC Male Runner of the Year.

Spencerville senior, Lyndie Brown won the girls race for the second straight year. Her time was 20:03.00, and she earned her second NWC Female Runner of the Year Award.

Conference Coach of the Year honors for both boys and girls Cross Country went to Spencerville's Brian McMichael.

In the junior high competition, Lima Central Catholic won the boys race with 44 points, and the T-Birds also took the girls race with 15 points.

Boys Final Standings

1. Spencerville.	45
2. Columbus Grove	60
3. Crestview	74
4. L.C.C.	90
5. Bluffton	137
6. Lincolnview	140
7. Allen East	172

Girls Final Standings

1. Spencerville	15
2. L.C.C.	66
3. Lincolnview	83
4. Col. Grove	89

First Team Boys

1. Jonathan Rex (12) Spen.	17:07.60
2. Jim Kesner (11) LCC	17:12.70
3. Kevin Lenhart (11) Spen.	17:28.20
4. Jake Graham (9) Col. Grove	17:43.10
5. Garret Gleckler (11) C'view	17:50.90

First Team Girls

1. Lyndie Brown (12) Spen.	20:03.00
2. Ashley Gilroy (12) Spen.	20:13.80
3. Kelli Ley (10) Spen.	21:11.10
4. Hailey Perkins (9) Allen East	21:14.20
5. Alexa Brown (10) Spen.	21:19.50